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Emotional & Social Intelligence- A Co relational Study

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ABSTRACT: Humans are the most intelligent animals created by God. Throughout the history of evolution on earth, intelligence has played a prominent role in the life cycle of the humans. The credit of first academic use of term “emotional intelligence” goes to Wayne Payne (1985) in his study “A study of emotion”. In 1995 Daniel Golman, published a book “Emotional Intelligence” giving information about the brain, emotions and behavior and define it as “managing feelings”. In 2000 Mayer and cob defined emotional intelligence in the ability to process emotional information particularly as it involves the perceptions, assimilation, understanding and management of emotions.

Appropriate adjustment in social circumstances is the index of social intelligence. It is revealed when a person is able to adjust and deal efficiently with their social and cultural environment. “Social intelligence is the capacity to effectively navigate and negotiate complex social relationships environments” (Ross Honeywell). Crick (2002) studied about the relationship between emotional intelligence and social ability and find out that girls have high score of both abilities.

I.INTRODUCTION

Rationale of the Study:-In today’s life the success rate of peoples are high having the skills to manage relationships inspiring others and inducing desired responses from others. The area of social awareness is also linked with sensing emotions of other people. “Emotional intelligence is a type of social intelligence that involves the ability to monitor one’s own and others emotion to discriminate among them and to use information to guide one’s thinking and actions.” (Mayer & Salovey)

This definition given by Mayer & Salovey defines the emotional and social intelligence has a relationship. So this study aims to find out the co relation between emotional and social intelligence. [1]

Statement of the Problem:- Investigator has selected the problem “Emotional and social intelligence:- A co relational study.

Objectives of the study:-

1. To compare the emotional intelligence of boys and girls students.
2. To compare the social intelligence of boys and girls students.
3. To compare emotional and social intelligence of boys.
4. To compare emotional and social intelligence of girls.
5. To find out the relationship between emotional and social intelligence of total students.

Hypothesis:-

1. There is no significant difference in emotional intelligence of male & female students.
2. There is no significant difference in social intelligence of male & female students.
3. There is no significant difference in emotional and social intelligence of boys.
4. There is no significant difference in emotional and social intelligence of girls.
5. There is no co relation between emotional and social intelligence.



II.METHODOLOGY

Descriptive survey method in adopted for present study.

Sample:- Present study is concerned with male and female undergraduate students of Govt. aided colleges of Kanpur district. Sample has been selected by simple Radom sampling procedure.[2]

Tools:-

1. **Mangal Emotional Intelligence Inventory:-** This inventory was developed by Dr. S.K. Mangal & Smt. Shubhra Mangal tests emotional intelligence of students having 100 items with four areas.
2. Social Intelligence Measurement Scale developed by Dr. S. Mathur with 50 items having reliability 8.87 and validity 0.78.[3]

III.FINDINGS

1. Emotional intelligence does not differ significantly with respect to gender.
2. Social intelligence does not differ significantly with respect to gender.
3. Less positive co relation between emotional and social intelligence of boys.
4. Above average positive co relation between emotional and social intelligence of girls.
5. Average positive co relation between emotional and social intelligence of whole students sample.

IV.CONCLUSION

Emotional intelligence enables an individual to develop the vital connections between self and others. It is strongly linked with values of compassion and humanity. It is goal oriented adaptive capability to identify, assess and control emotions of self as well as others. It is positive co related with social intelligence. The persons having high EQ and SQ become strong and successful with less insecurity.[4,5]

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